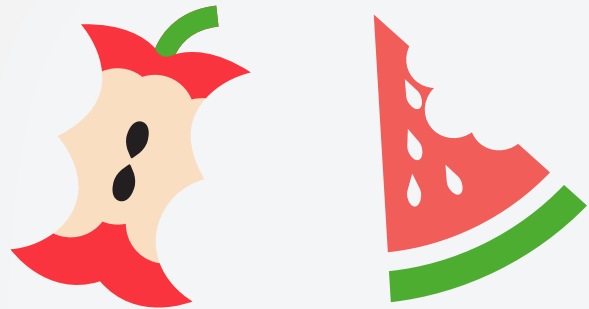
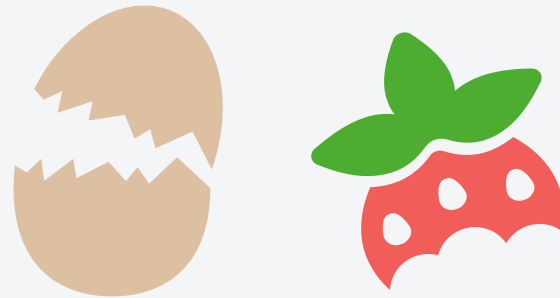


# We snack on your fruit and veggie scraps.



Feed me on the  
**left** on **Monday**



Feed me in the  
**middle** on **Wednesday**

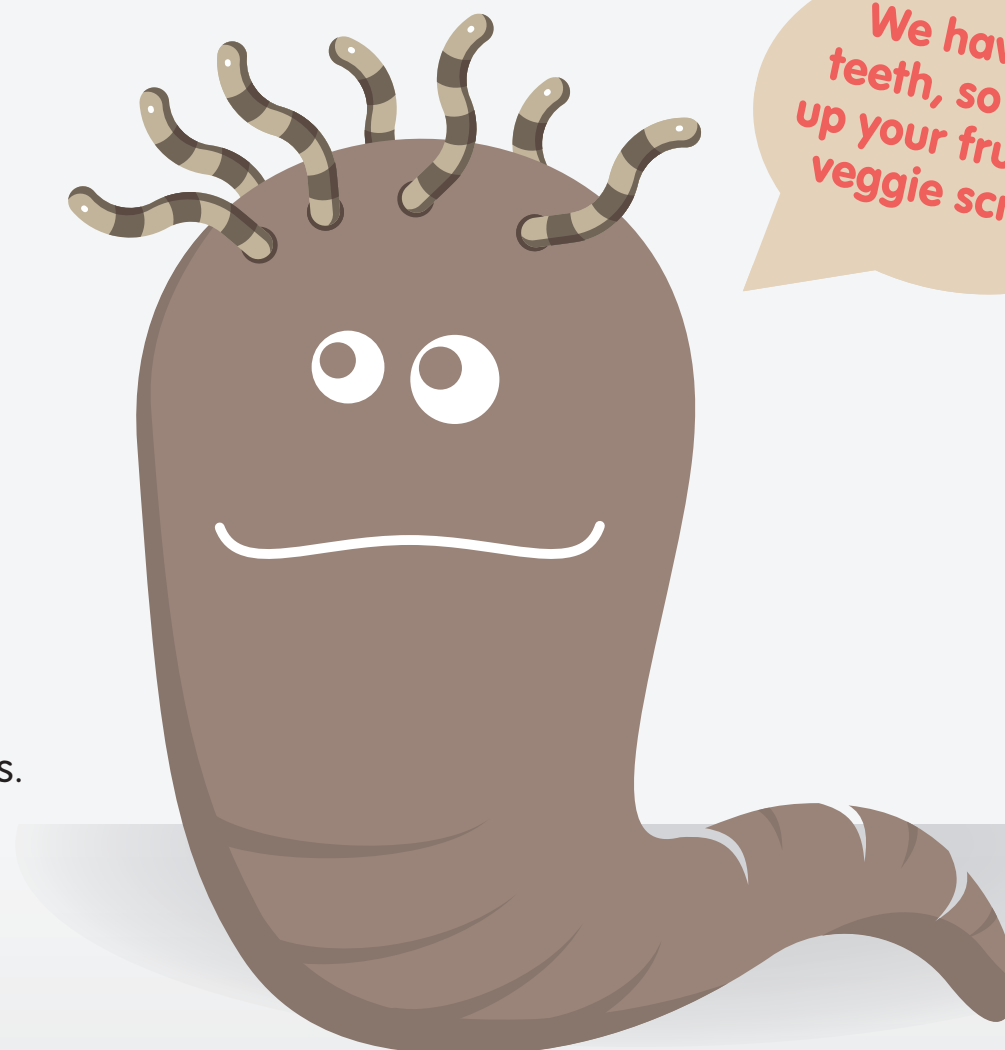


Feed me on the  
**right** on **Friday**

- 1 Add fruit and veggie scraps.
- 2 Layer wet newspaper over the top.
- 3 Cover with a mat or carpet.

## Tips

- Stop feeding if it smells or looks sloppy. Add newspaper, sprinkle lightly with garden lime and leave for a few days.
- Add a handful of clean sand monthly to provide grit for the worms.



We have no  
teeth, so crush  
up your fruit and  
veggie scraps.



**X No**  
**citrus or bread**